Is information given in Health and Science classes on healthy eating?   Education in all grades.   Education in all grades.     Do breakfast and lunch menus have nutritional information posted?   All menus have nutritional information available on district school cafe website   All menus have nutritional information available on district school cafe website     Goal 2   The District shall share educational nutrition information on the social media platforms?   Not completed   Develop plan to meet this action step     Boes Student Nutrition information shared on the website or District Insights Magazine?   Not completed   Develop plan to meet this action step     Nutrition Education   The District shall deliver nutrition education that fosters the adoption and maintenance   Not   Completed     Goal 1   The District shall deliver nutrition is given in Science Classes?   N/A   N/A     Si information is given in PE and Athletics?   N/A   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.     Kargyle ISD follows Chapter 115 TEKS for Health Education in all grades.   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.     Kargyle ISD follows Chapter 115 TEKS for Health Education in all grades.   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. <t< th=""><th>Wellness Plan</th><th>n Evaluation- Hiltop ES</th><th>2021-2022</th><th>2022-2023</th></t<>	Wellness Plan	n Evaluation- Hiltop ES	2021-2022	2022-2023
is the wellness policy and information about the SHAC Committee on the Website? other components. Develop plan to meet this action step   Exemption Days Muthid 6 days are exempt days? Nov. 19, Dec. 15, Dec. 16, Mar. 11, May 17, May 18, May 19, May	Public Notifica	ation		
What 6 days are exempt days?     Nov. 19, Dec. 15, Dec. 16, Mar. 11, May 17, May 18     Nov. 19, Dec. 15, Dec. 16, Mar. 11, May 17, May 19       Nutrition Promoton     Inter District food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other goal 1     Person pain to meet this action step Arge ISD follows Chapter 115 TEKS for Heat Education in all grades.     Develop plan to meet this action step Arge ISD follows Chapter 115 TEKS for Heat Education in all grades.       Do breakfast and lunch menus have nutritional information posted?     All menus have nutritional information availat on district school cafe website     All menus have nutritional information availat on district school cafe website       Goal 2     public to promote healthy nutrition information not the social media platforms?     Not completed     Develop plan to meet this action step And message in cafeteria and throughout the social media platforms?       Goal 2     public to promote healthy nutrition information on the social media platforms?     Not completed     Develop plan to meet this action step       Does Students Nutrition information that fosters the adoption and maintenace Goal 1     The District shall deliver nutrition ducation that fosters the adoption and maintenace of healthy sating behaviors.     NA       Is information is given in PE and Athelecs?     NiA     Argyle ISD follows Chapter 115 TEKS for Heat Education in all grades. Activities in Hillop PE included food group lag     Argyle ISD follows Chapter 115		Is the wellness policy and information about the SHAC Committee on the Website?		Develop plan to meet this action step
What 6 days are exempt days?     18     19       Nutrition Promotion     Interpretation of the attry nutrition messages in cafeterias, classrooms, and other appropriate settings.     Interpretation of the attry nutrition messages in cafeteria and throughout the school?     Not completed     Develop plan to meet this action step       Coal 1     Are there healthy nutritional messages in cafeteria and throughout the school?     Not completed     Develop plan to meet this action step       Coal 2     The District shall share oducational nutrition information posted?     Not completed     Develop plan to meet this action step       Coal 2     The District shall share oducational nutrition information posted?     All menus have nutritional information availabil on district school cafe website     All menus have nutritional information availabil on district school cafe website     All menus have nutritional information availabil on district school cafe website     All menus have nutritional information availabil on district school cafe website     All menus have nutritional information availabil on district school cafe website     All menus have nutritional information availabil on district school cafe website     All menus have nutritional information states       Geal 2     The District shall deliver nutrition information on the social media platforms?     Not completed     Develop plan to meet this action step       Nutrition Education in all grades.     Not completed     Develop plan to meet thi	Exemption Da	nys		
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Is information given in Health and Science classes on healthy eating?   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.     Do breakfast and lunch menus have nutritional information posted?   All menus have nutritional information available on district school cafe website   All menus have nutritional information available on district school cafe website   All menus have nutritional information available on district school cafe website     Goal 2   The District shall share educational nutrition information on the social media platforms?   Not completed   Develop plan to meet this action step     Does Student Nutrition information shared on the website or District Insights Magazine?   Not completed   Develop plan to meet this action step     Real   The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.   N/A   N/A     Real   Is information is given in Science Classes?   N/A   N/A   Argyle ISD follows Chapter 115 TEKS for Heatth Education in all grades.     Is information is given in PE and Athletics?   N/A   Argyle ISD follows Chapter 115 TEKS for Heatth education in all grades.   Argyle ISD follows Chapter 115 TEKS for Heatth education in all grades.     Is information is given in PE and Athletics?   N/A   Sea well meet the requirements with TEKS in Heatth HEAD Science School bhard: Healthy Instruction, Physical Education, School Counsel	Goal 1	consistently promote healthy nutrition messages in cafeterias, classrooms, and other		
is information given in Health and Science classes on healthy eating?   Education in all grades.   Education in all grades.     Do breakfast and lunch menus have nutritional information posted?   All menus have nutritional information available on district school cafe website   All menus have nutritional information available on district school cafe website   All menus have nutritional information available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition available on district school cafe website   All menus have nutrition have available on district school cafe website   All menus have nutrition have available on district school cafe website     Goal 1   The District shal		Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
Do breakfast and lunch menus have nutritional information posted?   on district school cafe website   on district school cafe website     Image: Comparison of the district shall share educational nutrition information with families and the general students.   Image: Comparison of the district shall share educational nutrition information on the social media platforms?   Not completed   Develop plan to meet this action step     Does Student Nutrition share educational nutrition information on the social media platforms?   Not completed   Develop plan to meet this action step     Nutrition Educational nutrition information share on the website or District Insights Magazine?   Not completed   Develop plan to meet this action step     Real 1   The District shall deliver nutrition education that fosters the adoption and maintenance   Image: Comparison of the lithy eating behaviors.   N/A     Geal 1   The District shall deliver nutrition education that fosters the adoption and maintenance   Image: Comparison of the lithy eating behaviors.   N/A     Is information is given in Health Classes?   N/A   Argyle ISD follows Chapter 115 TEKS for Health   Argyle ISD follows Chapter 115 TEKS for Health     Is information is given in PE and Athletics?   Ray (Lithy Comparison in all grades. Activities in Hillipo PE include food group tag   Yes we meet the requirements with TEKS the descondo nord. Hillipo PE include food group tag   Yes we will meet the requirements with TEKS tharunu, physical Education, School Course ling, S		Is information given in Health and Science classes on healthy eating?		Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
Goal 2     built to promote healthy nutrition choices and positively influence the health of students.     construction     construction <thconstruction< th="">     c</thconstruction<>		Do breakfast and lunch menus have nutritional information posted?		All menus have nutritional information available on district school cafe website
Is educational nutrition information shared on the website or District Insights Magazine?   Not completed   Develop plan to meet this action step     Nutrition Education   Image: Step Step Step Step Step Step Step Step	Goal 2	public to promote healthy nutrition choices and positively influence the health of		
Nutrition Education   Image: Construct of the althy eating behaviors.   N/A     Goal 1   The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.   N/A     Is information is given in Health Classes?   N/A   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.   Argyle ISD follows Chapter 115 TEKS for Health Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P include food group tag   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P include food group tag   Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P include food group tag   Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for Staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement   Yes went the requirements with TEKS the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for Staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement   Yes the site promotion for Staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement		Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
Goal 1The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.N/AN/AIs information is given in Health Classes?N/AArgyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health education in all grades.Argyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop PE include food group tagYes we will meet the requirements with TEKS to annual report to the school board: Healthy Instruction, Physical Education, School Sun		Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
Goal 1of healthy eating behaviors.N/AIs information is given in Health Classes?N/AArgyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P include food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop P enclude food group tagArgyle ISD follows Chapter 115 TEKS for Health education in all grades. Activities in Hilltop P enclude food group t	Nutrition Educ	ation		
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Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE include food group tag.Education in all grades. Activities in Hilltop PE include food group tag, supermarket sweep a brain pop video.Is information is given in PE and Athletics?Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental InvolvementYes we met the requirements with TEKS the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental InvolvementYes we met the requirements with TEKS the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement		Is information is given in Science Classes?		
components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvementthe 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvementthe 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement		Is information is given in PE and Athletics?	Education in all grades. Activites in Hilltop PE	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in HIIItop PE include food group tag, supermarket sweep and brain pop video.
Do we participate in the CATCH Program   N/A     N/A   N/A		Do we participate in a Coordinated School Health Program?	components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental	annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid
		Do we participate in the CATCH Program	N/A	N/A

Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		
	What fitness programs are offered to the students?	Jingle Jog & Field Day	Turkey Trot (November 18th) & Field Day
	What are the participation numbers for these programs?	Jingle Jog (Entire School) & Field Day (Entire School)	Turkey Trot (Entire School) & Field Day (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and annoucements	Promote in PE, newsletters, email blasts and annoucements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
School Base	ed Activities		
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Plan	Evaluation- Argyle West	2021-2022	2022-2023
Public Notifica	ation		
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step
Exemption Da	iys		
	What 6 days are exempt days?	Dec 15, Dec 16, Mar 9, May 16, May 17	Dec 14, Dec 15, Jan 20, May 16, May 17
Nutrition Pron	notion		
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
Nutrition Educ	ration		
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activites in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
Physical Activ	-		
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		

	What fitness programs are offered to the students?	Jog-a-thon & Field Day	Field Day
	What are the participation numbers for these programs?	Jog-a-thon (Entire School) & Field Day (Entire School)	Field Day (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and annoucements	Promote in PE, newsletters, email blasts and annoucements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
School Based	Activities		
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Pla	an Evaluation- Aygle Intermediate	2021-2022
Public Notifi	cation	
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed
Exemption L	Days	
	What 6 days are exempt days?	Oct. 29, Nov. 17, Dec. 15, Feb. 10, Apr.9, May 19
Nutrition Pro	omotion	
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed
Nutrition Ed	ucation	
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities at Intermediate include few videos throughout the year about nutrition, water in take, stress relief, etc

	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A
Physical Activity		
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.	
	What fitness programs are offered to the students?	FitnessGram and Field Day
	What are the participation numbers for these programs?	FitnessGram (3rd-5th) and Field Day (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and annoucements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.	
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness
School Based A	ctivities	
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes

Wellness Pla	an Evaluation- Argyle South	2022-2023
Public Notifi	cation	
	Is the wellness policy and information about the SHAC Committee on the Website?	Develop plan to meet this action step
Exemption [	Days	
	What 6 days are exempt days?	Oct. 28, Nov. 18, Dec. 9, Feb. 9, Apr. 6, May 12
Nutrition Pro	omotion	
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	
	Are there healthy nutritional messages in cafeteria and throughout the school?	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information avaliable on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	
	Does Student Nutrition share educational nutrition information on the social media platforms?	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Develop plan to meet this action step
Nutrition Ed	ucation	
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activites at South include videos, play certain games that have a health and nutrition spin on it (My Plate bean bags).

	Do we participate in a Coordinated School Health Program?	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A
Physical Act	ivity	
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.	
	What fitness programs are offered to the students?	FitnessGram, Field Day & Fundraiser Jog
	What are the participation numbers for these programs?	FitnessGram (3rd-5th), Field Day (Entire School), Fundraiser Jog
	How are these programs promoted?	Promote in PE, newsletters, email blasts and annoucements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.	
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness
School Base	ed Activities	
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes

Wellness Plan E	valuation- Argyle MS	2021-2022	2022-2023
Public Notificatio			
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step
Exemption Days			
	What 6 days are exempt days?	Ν/Α	Ν/Α
Nutrition Promo	tion		
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
Nutrition Educat	ion		
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activites in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
Physical Activity			
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		

	What fitness programs are offered to the students?	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)
	What are the participation numbers for these programs?	Entire School	Entire School
	How are these programs promoted?	Promoted throughout school	Promoted throughout school
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
School Based	l Activities		
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Pla	an Evaluation- Argyle HS	2021-2022	2022-2023
Public Notific	cation		
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step
Exemption D	Days		
	What 6 days are exempt days?	N/A	N/A
Nutrition Pro	motion		
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information avaliable on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
Nutrition Edu	Jcation		
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activites in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
Physical Act	ivity		
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		

	What fitness programs are offered to the students?	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)
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