

Wellness Plan Evaluation- Hilltop ES		2021-2022	2022-2023
<i>Public Notification</i>			
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed, Wellness Policy posted, missing other components.	Develop plan to meet this action step
<i>Exemption Days</i>			
	What 6 days are exempt days?	Nov. 19, Dec. 15, Dec. 16, Mar. 11, May 17, May 18	Nov. 18, Dec. 14, Dec. 15, Mar. 10, May 18, May 19
<i>Nutrition Promotion</i>			
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	Is information given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
<i>Nutrition Education</i>			
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	Is information is given in Health Classes?	N/A	N/A
	Is information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Is information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE included food group tag	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE include food group tag, supermarket sweep and brain pop video.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we will meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
<i>Physical Activity</i>			

Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		
	What fitness programs are offered to the students?	Jingle Jog & Field Day	Turkey Trot (November 18th) & Field Day
	What are the participation numbers for these programs?	Jingle Jog (Entire School) & Field Day (Entire School)	Turkey Trot (Entire School) & Field Day (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>			
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Plan Evaluation- Argyle West		2021-2022	2022-2023
<i>Public Notification</i>			
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step
<i>Exemption Days</i>			
	What 6 days are exempt days?	Dec 15, Dec 16, Mar 9, May 16, May 17	Dec 14, Dec 15, Jan 20, May 16, May 17
<i>Nutrition Promotion</i>			
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
<i>Nutrition Education</i>			
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
<i>Physical Activity</i>			
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		

	What fitness programs are offered to the students?	Jog-a-thon & Field Day	Field Day
	What are the participation numbers for these programs?	Jog-a-thon (Entire School) & Field Day (Entire School)	Field Day (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>			
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Plan Evaluation- Aygle Intermediate		2021-2022
<i>Public Notification</i>		
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed
<i>Exemption Days</i>		
	What 6 days are exempt days?	Oct. 29, Nov. 17, Dec. 15, Feb. 10, Apr.9, May 19
<i>Nutrition Promotion</i>		
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed
<i>Nutrition Education</i>		
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities at Intermediate include few videos throughout the year about nutrition, water intake, stress relief, etc

	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A
<i>Physical Activity</i>		
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.	
	What fitness programs are offered to the students?	FitnessGram and Field Day
	What are the participation numbers for these programs?	FitnessGram (3rd-5th) and Field Day (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and announcements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.	
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>		
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes

Wellness Plan Evaluation- Argyle South		2022-2023
<i>Public Notification</i>		
	Is the wellness policy and information about the SHAC Committee on the Website?	Develop plan to meet this action step
<i>Exemption Days</i>		
	What 6 days are exempt days?	Oct. 28, Nov. 18, Dec. 9, Feb. 9, Apr. 6, May 12
<i>Nutrition Promotion</i>		
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	
	Are there healthy nutritional messages in cafeteria and throughout the school?	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	
	Does Student Nutrition share educational nutrition information on the social media platforms?	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Develop plan to meet this action step
<i>Nutrition Education</i>		
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities at South include videos, play certain games that have a health and nutrition spin on it (My Plate bean bags).

	Do we participate in a Coordinated School Health Program?	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A
<i>Physical Activity</i>		
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.	
	What fitness programs are offered to the students?	FitnessGram, Field Day & Fundraiser Jog
	What are the participation numbers for these programs?	FitnessGram (3rd-5th), Field Day (Entire School), Fundraiser Jog
	How are these programs promoted?	Promote in PE, newsletters, email blasts and announcements
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.	
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>		
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes

Wellness Plan Evaluation- Argyle MS		2021-2022	2022-2023
<i>Public Notification</i>			
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step
<i>Exemption Days</i>			
	What 6 days are exempt days?	N/A	N/A
<i>Nutrition Promotion</i>			
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
<i>Nutrition Education</i>			
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
<i>Physical Activity</i>			
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		

		Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)
	What fitness programs are offered to the students?		
	What are the participation numbers for these programs?	Entire School	Entire School
	How are these programs promoted?	Promoted throughout school	Promoted throughout school
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>			
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Plan Evaluation- Argyle HS		2021-2022	2022-2023
<i>Public Notification</i>			
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step
<i>Exemption Days</i>			
	What 6 days are exempt days?	N/A	N/A
<i>Nutrition Promotion</i>			
Goal 1	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
Goal 2	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step
<i>Nutrition Education</i>			
Goal 1	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
<i>Physical Activity</i>			
Goal 1	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		

		Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)
	What fitness programs are offered to the students?		
	What are the participation numbers for these programs?	Entire School	Entire School
	How are these programs promoted?	Promoted throughout school	Promoted throughout school
Goal 2	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>			
Goal 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes